

EXTRA MURAL TIMETABLE – FOURTH TERM 2026

ACTIVITY	EDUCATORS IN CHARGE	TIME	VENUE	COACHES/ EDUCATORS	GROUP	DAY	DRESS
CRICKET (BOYS AND GIRLS)	MR VAN BASSEN	14:05 to 15:05	Far Field/ Cricket Nets	Mrs D Botha & Coaches Mrs Rademeyer & Coaches Mr Van Bassen & Coaches	U/12 & U/13 U/10 & U/11 U/9	Wed. & Thurs. (Matches TBC)	Navy and emerald golf shirt (with School badge). Navy P.E. shorts. Plain white sports socks.
MINI - CRICKET (BOYS AND GIRLS)	MR VAN BASSEN	14:05 to 15:05	Top field	Mrs Jüterbock & Coaches Miss Riekert (Tues.) Ms Von Weilligh (Mon.)	U/7 & U/8	Mon. & Tues.	Navy and emerald golf shirt (with School badge) White socks Navy PE shorts
SWIMMING Team swimmers Development Squad *(Invite only)	MISS REYNEKE	14:00 to 15:05 14:00 to 15:05 14:00 to 15:05	Swimming pool	Mrs M Smith & Miss Nel Mrs M Smith & Miss Reyneke Miss Reyneke & Miss Haasbroek Miss Reyneke, Miss Olivier & Coaches	Squad Squad Squad Development Squad	Mon. Tues. Wed. Thurs. Galas - Fri.	Black one piece. Navy and emerald golf shirt White socks. Navy PE shorts
7's RUGBY	MR HARTSLIEF	14:05 to 15:05	Fields	Mr Vd Westhuizen, Mr Hartslief and Mr De Beer	U/9, U/11 & U/12	Mon. & Tues.	Navy and Emerald golf shirt Navy P.E. shorts or white rugby shorts
NETBALL CONDITIONING	MRS MBANBO	14:05 to 15:05	Netball courts/ Field	Mrs Mbanbo, Mrs Fischer & Miss Human (Wed.) Miss S Botha (Thurs.)	U/9 & U/10 U/11 & U/12	Wed. Thurs.	Emerald golf shirts P.E. shorts White socks Takkies
PHYSICAL FITNESS TRAINING	MRS MILLS	14:00- 15:00	Fields	Mrs Mills & Miss Clarke Mrs Mills & Mrs Sprout	Gr 1 - 3 Gr 4 - 7	Tues. Wed.	Phys Ed kit
DETENTION	MRS VISAGIE	14:00 to 15:00	Classroom	Mrs Weiss Mrs Nonyane Miss Hepburn Mrs Vermeulen	Gr 4 – 7 Gr 4 – 7 Gr 1 – 3 Gr 1 – 3	Mon. – Thurs.	School uniform

***NB! * Swimming Development Squad is only for learners with potential to qualify for the School swimming team identified by Miss Reyneke. Qualification for the Development Squad includes swimming unassisted and non-stop for 25m (full length of the pool), can potentially swim one of more strokes and can participate in a full swimming practice**

*NB! LEARNERS WHO ARE NOT APPROPRIATELY AND CORRECTLY DRESSED FOR PRACTICES/MATCHES WILL NOT PARTICIPATE
THE SCHOOL RESERVES THE RIGHT TO MAKE CHANGES TO THIS PROGRAMME*

Sports Officer ~ Mr Van Bassen

Cultural Co-Ordinator ~ Mrs Weiss



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ART	MRS CONNELL	14:00 to 15:00	Classroom	Mrs Martin Miss Riekert Mrs Connell Miss van Renen & Miss Minyuku Miss van Renen & Ms Montja	Gr 1 Gr 2 Gr 3 Gr 4 – 5 Gr 6 – 7	Tues. Mon. Wed. Tues. Wed.	School uniform
AFRIKAANS (Invitation only)	MRS WITBOOI	13:15 to 14:15 14:00 to 15:00	Classroom	Mrs Heck Miss S Botha Mrs Oosthuizen Mrs Witbooi Mrs Witbooi Mrs Pretorius Mrs Pretorius	Gr 1 Gr 2 Gr 3 Gr 4 Gr 5 Gr 6 Gr 7	Wed. Wed. Thurs. Mon. Wed. Thurs. Wed.	School uniform
CHOIR	MISS VAN VEEN	14:00 to 15:00	Hall	Miss Van Veen Mrs Larsen	Gr 4 – 7	Wed. & Thurs.	School uniform
ENGLISH (Invitation only)	MISS DE ANDRADE	13:15 to 14:15 14:00 to 15:00	Classroom	Mrs Connell Mrs Brits Mrs Malga Miss de Andrade Miss de Andrade Mrs Dhanraj Mrs Dhanraj	Gr 1 Gr 2 Gr 3 Gr 4 Gr 5 Gr 6 Gr 7	Thurs. Thurs. Tues. Tues. Mon. Mon. Tues.	School uniform
MATHS (Invitation only)	MR MOSOMA	13:15 to 14:15 14:00 to 15:00	Classroom	Mrs Heck Mrs Brits Mrs Oosthuizen Miss Taute Miss Taute Mr Mosoma Ms Kunene	Gr 1 Gr 2 Gr 3 Gr 4 Gr 5 Gr 6 Gr 7	Tues. Tues. Wed. Wed. Tues. Tues. & Thurs. Mon. & Thurs.	School uniform
READING (Invitation only)	MS MACGREGOR	14:00 to 15:00	Remedial room	Ms Macgregor Ms Macgregor	Gr 1 – 3 Gr 4 - 5	Mon. Thurs.	School uniform
PUBLIC SPEAKING	MRS HEUNES	14:00 to 15:00	Media Centre	Mrs Heunes	Gr 4 - 7	Wed.	School uniform
SCRIPTURE UNION	MRS HEUNES	14:00 to 15:00	Media Centre	Mrs Heunes & Mrs Blignaut	Gr 1 - 4	Tues.	School uniform
BOOM-WHACKERS & PERCUSSION	MRS VISSER	14:00 To 15:00	Classroom	Mrs Visser	Gr 1 - 3	Tues. & Wed.	School uniform
CHESS	MRS MALGA	14:00 To 15:00	Classroom	Mrs Malga & coach Mrs Martin & coach	Gr 4 – 7 Gr 1 - 3	Wed. Thurs.	School Uniform

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